

# ESTONIA / nature and forestry

**Story:** Kehra Home

**Location:** Lehtmetsa kula, Harjumaa, Estonia

**Industry:** Sheltered housing

**Website:** <http://hoolekandeteenused.ee/kehra/pages/kontakt.php>

Kehra Home is home to 60 adult with a mental disabilities. Also they offer 24 hours special care service to 40 people and 24 hours special care service to 20 people with severe multiple disabilities.

## How to utilize Green Care in action:

The village consists of six modern and spacious family house where each family lives with ten clients and each house has 8 single rooms and one double room. 28 employees is taking care and are responsible for Kehra home work.

All the Kehra Home residents are supervised by activities tutor and they need to take care of their home and do different works- prepare breakfast, lunch, dinner, clean, do laundry.

## Good practices and benefits of Green Care:

They also have garden and greenhouse where they grow and take care of different plants, herbs and cucumbers, tomatoes, peas. They have planted lots of fruit trees and berry bushes. To give them opportunity to care of someone and experience love of animals, they have guinea pigs, chickens and rabbits. In spring and summer they have sheep and ponies also in their Kehra home for some days in a week from local farm. In winter time all the animals are taken to farm for winter storage.

GoGreenCare-project 8/2016  
[www.gogreencare.eu](http://www.gogreencare.eu)



## Kehra Home, Estonia

<b>Residents</b>	<b>60</b>
<b>Employees</b>	<b>28</b>
<b>Multiple disabilities</b>	<b>20</b>

## Green Care activities

**Greenhouse and garden**

**Farm animals**

**Farm activities**

**Nature / forest activities**

